

# Markov Chains, Mixing Times, and Couplings

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September 22, 2018



## Motivating Question

Performing a random walk on some graph structure, how long does it take until you are "sufficiently random?"

## Theorem (Diaconis, Bayer '92)

If you riffle shuffle a deck of size  $n$ , it takes approximately  $\frac{3}{2} \log_2(n)$  shuffles until the deck is "sufficiently random."

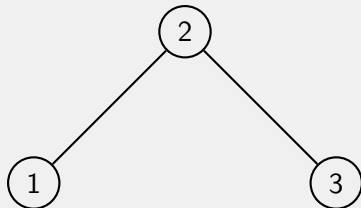
# Graph Theory

## Graph

We define a **graph** to be a tuple  $G = (V, E)$  such that  $V$  is a collection of objects called **vertices** and  $E \subseteq V \times V$  is a collection of pairs called **edges**.

## Example

$V = \{1, 2, 3\}$ ,  $E = \{(1, 2), (2, 3)\}$ .



## Degree

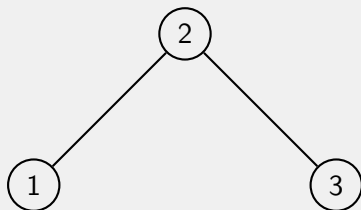
We define the **degree** of a vertex to be the number of **neighbors**, or vertices which are connected by an edge, the vertex has. This is generally denoted by  $\deg(x)$ .

## Regular

A graph is said to be  **$n$ -regular** if the degree of all the vertices is  $n$ .

## Example

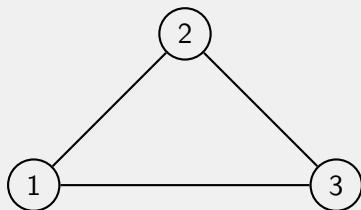
$$V = \{1, 2, 3\}, E = \{(1, 2), (2, 3)\}.$$



We see  $\deg(2) = 2$ ,  $\deg(1) = 1$ , and  $\deg(3) = 1$ . This is therefore **not** regular.

## Example

$V = \{1, 2, 3\}$ ,  $E = \{(1, 2), (1, 3), (2, 3)\}$ .



We see  $\deg(2) = 2$ ,  $\deg(1) = 2$ , and  $\deg(3) = 2$ . This is therefore **2-regular**.

## Markov Property and Markov Chain

A **Markov Chain** is a series of random variables  $(X_0, X_1, \dots)$  on a common state space  $\Omega$  satisfying the **Markov Property**:

$$\mathbf{P}\{X_n = x_n \mid X_1 = x_1, \dots, X_{n-1} = x_{n-1}\} = \mathbf{P}\{X_n = x_n \mid X_{n-1} = x_{n-1}\}.$$

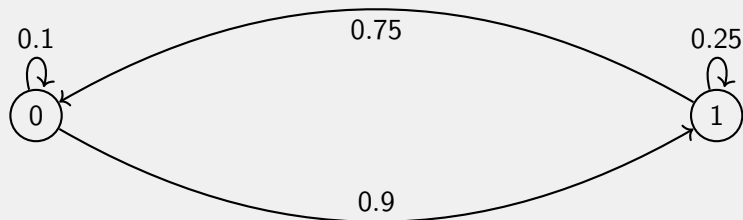
## Transition Matrix

We can model Markov Chains using a **transition matrix**, which is a matrix with entries

$$P(x, y) = \mathbf{P}\{X_n = y \mid X_{n-1} = x\}$$

# Markov Chains

## Example Graph



## Example Markov Chain

This Markov chain has transition matrix

$$P = \begin{matrix} & \begin{matrix} 0 & 1 \end{matrix} \\ \begin{matrix} 0 \\ 1 \end{matrix} & \begin{bmatrix} 0.1 & 0.9 \\ 0.75 & 0.25 \end{bmatrix} \end{matrix}$$



## Aperiodic and Irreducible

We say our Markov Chain is **irreducible** if there exists a  $t > 0$  for all  $x, y \in \Omega$  such that

$$P^t(x, y) > 0.$$

We say that our Markov Chain is **aperiodic** if

$$\gcd\{t \geq 1 \mid P^t(x, x) > 0\} = 1$$

for all  $x \in \Omega$ .

## Stationary Distribution

If our Markov chain is **irreducible**, then we have that there exists a unique distribution  $\pi$  such that

$$\pi P = \pi.$$

We call such a distribution a **stationary distribution**.

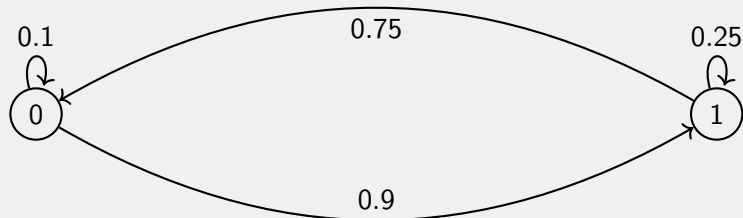
## Limiting Distribution

We call a distribution  $\hat{\pi}$  a **limiting distribution** if

$$\lim_{t \rightarrow \infty} P^t(x, y) = \hat{\pi}(y).$$

If our distribution is **aperiodic** and **irreducible**, then we have that the stationary distribution  $\pi$  is the limiting distribution  $\hat{\pi}$ .

## Example Graph



## Example Stationary Distribution

Notice that this is **aperiodic** and **irreducible**, and so we have a stationary distribution. The stationary distribution is

$$\pi = \left[ \frac{5}{11} \quad \frac{6}{11} \right]$$

## Simple Random Walk

Given some graph  $G$ , we can define a **simple random walk on  $G$**  to be a Markov chain with state space  $V$  and transition matrix

$$P(x, y) = \begin{cases} \frac{1}{\deg(x)} & \text{if } x \text{ and } y \text{ are neighbors,} \\ 0 & \text{otherwise.} \end{cases}$$

## Lazy Random Walk

Given some graph  $G$ , we can define a **lazy random walk on  $G$**  to be a Markov chain with state space  $V$  and transition matrix

$$P(x, y) = \begin{cases} \frac{1}{2} & \text{if } x = y, \\ \frac{1}{2\deg(x)} & \text{if } x \text{ and } y \text{ are neighbors,} \\ 0 & \text{otherwise.} \end{cases}$$

# Mixing Times

## Total Variation Distance

We define the **total variation distance** of two probability distributions  $\mu$  and  $\nu$  on a common state space  $\Omega$  to be

$$\|\mu - \nu\|_{TV} = \max_{A \subseteq \Omega} |\mu(A) - \nu(A)|.$$

In particular, we care about

$$d(t) := \|P^t(x, \cdot) - \pi(\cdot)\|_{TV}$$

## Mixing Time

We define the **mixing time** of a Markov chain to be

$$t_{\text{mix}}(\epsilon) := \min\{t \mid d(t) \leq \epsilon\}.$$

## Markovian Coupling of Markov Chains

We define a **Markovian coupling of two Markov chains**  $(X_t)$  and  $(Y_t)$  with common state space  $\Omega$  and transition matrix  $P$  to be the process  $(X_t, Y_t)_{t=0}^{\infty}$  over  $\Omega \times \Omega$ , with the addendum that

$$\mathbf{P}\{X_{t+1} = x' \mid X_t = x, Y_t = y\} = P(x, x')$$

and

$$\mathbf{P}\{Y_{t+1} = y' \mid X_t = x, Y_t = y\} = P(y, y').$$

We will also require that  $X_s = Y_s$  for some  $s$  implies  $X_t = Y_t$  for all  $t \geq s$ . A coupling is not a required to be Markovian (and it may not even be the optimal coupling), but in general we want our Markov chains to be Markovian.

## Theorem

Let

$$\tau := \min\{t \mid X_s = Y_s \text{ for all } s \geq t\}.$$

Then we have

$$\begin{aligned} d(t) &\leq \max_{x,y \in \Omega} \|P^t(x, \cdot) - P^t(y, \cdot)\|_{TV} \\ &\leq \max_{x,y \in \Omega} \mathbf{P}\{\tau > t \mid X_0 = x, Y_0 = y\} \\ &\leq \max_{x,y \in \Omega} \frac{\mathbf{E}(\tau \mid X_0 = x, Y_0 = y)}{t} \end{aligned}$$

## Theorem

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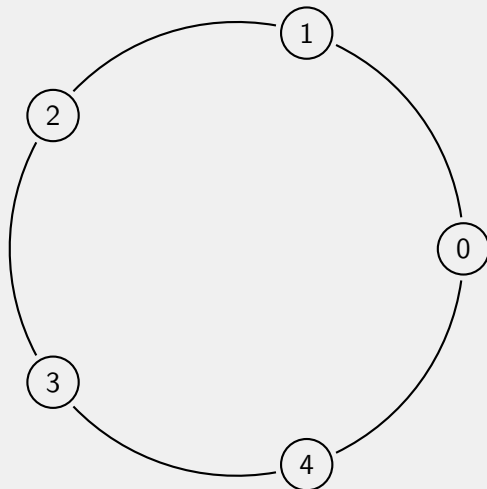
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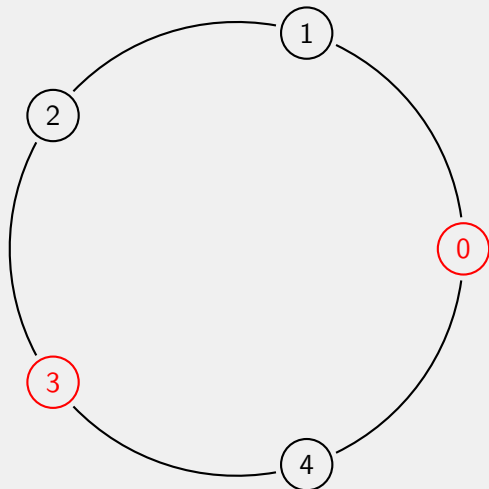
# Coupling

## Example



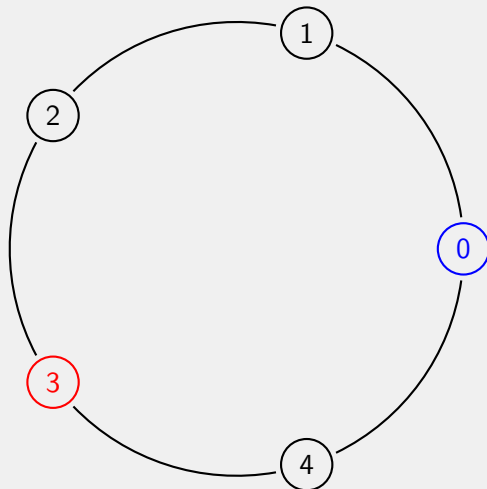
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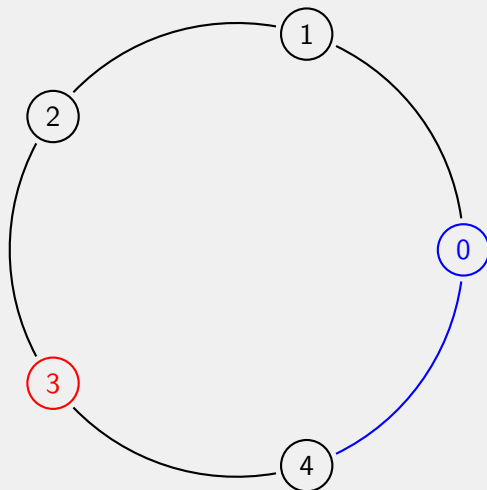
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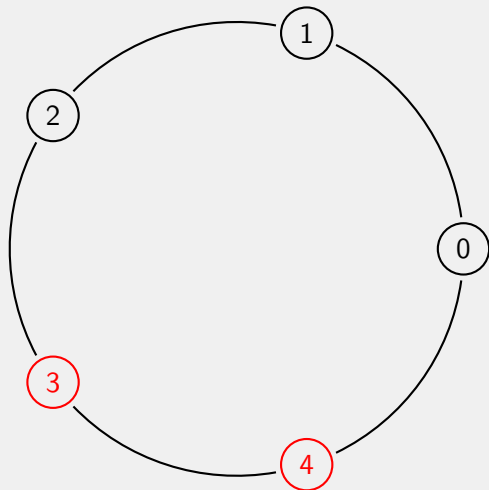
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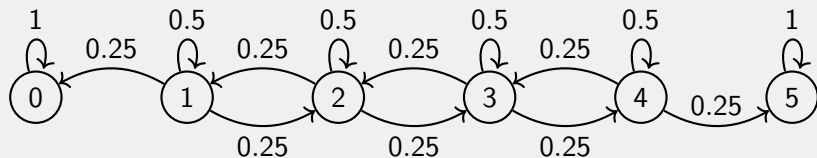
# Coupling

## Example



## Example

If we measure the **clockwise distance** between the two walkers, this coupling gives us a new Markov chain on  $\{0, 1, \dots, n\}$  to study.

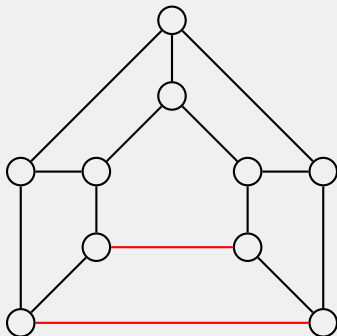


This gives us

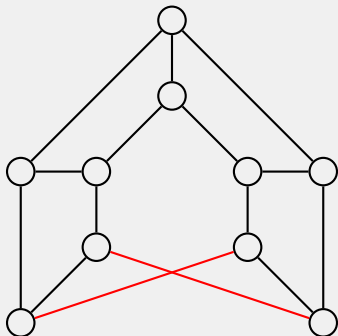
$$d(t) \leq \frac{n^2}{4t} \rightarrow t_{\text{mix}}(\epsilon) \leq \frac{n^2}{4\epsilon}$$

# 3-Regular Graphs

## Prism and Möbius ladder graphs



## Prism and Möbius ladder graphs

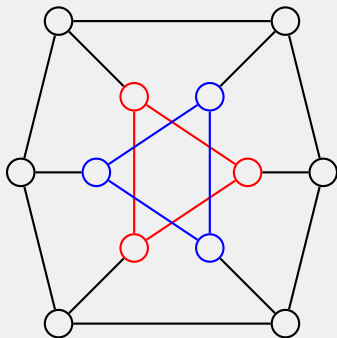




# 3-Regular Graphs

$GP(n,k)$

Below is an example of  $GP(6,2)$ .



Notice that if we imagined a cycle on the inside, the nodes which are the same color would be distance **2** away from each other.

## 3-Regular Graphs

### Results

Using coupling, we were able to determine that for Möbius ladder graphs and prism graphs of size  $n$ , the mixing time for a (slightly modified) lazy random walk is bounded by

$$t_{\text{mix}}(\epsilon) \leq \frac{3n^2}{16\epsilon} + \frac{6}{\epsilon},$$

and for the generalized Petersen graph  $\text{GP}(n, k)$ , the mixing time of the (slightly modified) lazy random walk is bounded by

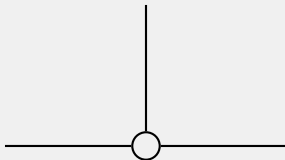
$$t_{\text{mix}}(\epsilon) \leq \frac{3|k|^2}{2\epsilon} + \frac{3}{2\epsilon} \left( \frac{n}{|k|} \right)^2 + \frac{15}{\epsilon},$$

where  $|k| = n / \gcd(n, k)$ .

# 3-Regular Graphs

## "Triangulating"

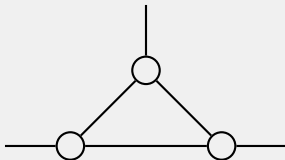
By "triangulating" a 3-regular graph, we mean replace each vertex with a complete graph of size 3.



# 3-Regular Graphs

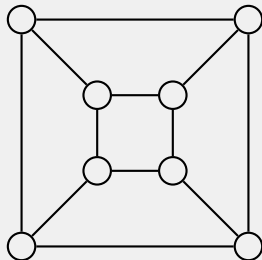
## "Triangulating"

By "triangulating" a 3-regular graph, we mean replace each vertex with a complete graph of size 3.



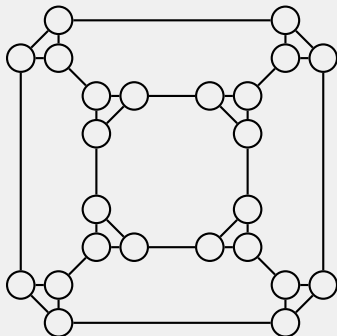
# 3-Regular Graphs

## Example



# 3-Regular Graphs

## Example



# 3-Regular Graphs

## Results

We found that when you triangulate the Möbius ladder graphs and prism graphs of size  $n$ , your mixing time transforms into

$$t_{\text{mix}}(\epsilon) \leq \frac{15n^2}{16\epsilon} + \frac{87}{5\epsilon}.$$

For the generalized Petersen graph  $GP(n, k)$ , it transforms into

$$t_{\text{mix}}(\epsilon) \leq \frac{15|k|^2}{2\epsilon} + \frac{15}{2\epsilon} \left( \frac{n}{|k|} \right)^2 + \frac{9}{\epsilon} \left( \frac{n}{|k|} \right) + \frac{9}{\epsilon} |k| + \frac{108}{\epsilon},$$





where  $|k| = n / \gcd(n, k)$ .

## Remaining Questions

- ▶ Can we generalize this result to all vertex transitive 3-regular graphs?
- ▶ Can we extend it to all 3-regular graphs?
- ▶ Are the bounds we found above tight, or can we improve them?
- ▶ Does a similar result apply to lower bounds on these mixing times?



# References

-  David Aldous and Persi Diaconis, *Shuffling cards and stopping times*, The American Mathematical Monthly **93** (1986), no. 5, 333–348.
-  Richard Durrett and R Durrett, *Essentials of stochastic processes*, vol. 1, Springer, 1999.
-  David A. Levin, Yuval Peres, and Elizabeth L. Wilmer, *Markov chains and mixing times*, American Mathematical Society, 2006.
-  Sidney I Resnick, *Adventures in stochastic processes*, Springer Science & Business Media, 2013.

# Acknowledgements

Thanks to Indiana University, Dr. Chris Connell, and the NSF for the REU and the opportunity to work on the project. Special thanks to Dr. Graham White.